





COURSE ROUTE

Sunday 4th June 2023
START 12:30 pm




In the interest of Health and Safety
& by the direction of An Garda Síochána.
The use of bicycles, other than official bicycles,
on the course during the event, is strictly forbidden.

-  **5k** KM Markers
-  **Water stations**
-  **Toilets**
-  **OMAC (Ambulance)**